

Ontario College of Health & Technology

Massage Therapy Program

Program Outline

Semester 1:

Communication and Ethics, Musculoskeletal Anatomy, Physiology and Massage Theory & Practice

Semester 2:

Musculoskeletal Anatomy, Pathophysiology, Fitness & Wellness, Orthopedic Assessment and Soft Tissue Techniques

Semester 3:

Musculoskeletal Anatomy, Pathophysiology, Orthopedic Assessment, Soft Tissue Techniques, Assessment & Treatment of Muscle Imbalances and Clinic

Semester 4:

Pathophysiology, Orthopedic Assessment, Functional Rehabilitation, Musculoskeletal Treatment and Clinic

Semester 5:

Orthopedic Assessment, Business & Legal Practice, Nutrition, Functional Rehabilitation, Musculoskeletal Treatment and Clinic



Entrance Requirements

Grade 12 Secondary School Diploma

First Aid and CPR Certification

For tuition and scheduling information go to
www.ocht.ca

20 Month Program

24-27 Hours/Week

Five - 15 Week Semesters

April and September Start

OSAP Eligible Program

The practice of Massage Therapy is the assessment of the soft tissue and joints of the body and the treatment and prevention of physical dysfunction and pain of the soft tissue and joints, by manipulation to develop, maintain, rehabilitate or augment the physical function or receive pain. (Massage Therapy Act, 1991)