

Advanced Standing Massage Therapy Program Dates 2025/2026

Weekend 1: September 5, 6, 7 2025			
Friday	LEAP 111	8 hours	Virtual Lecture: Legislation
Saturday	MTAP 111	8 hours	Introductory Concepts and Techniques Intro Techniques
Sunday	MTAP 111	8 hours	Introductory Technique Practice

Weekend 2: October 3, 4, 5 2025			
Friday	LEAP 111	8 hours	Challenge MCQ 01: Anatomy Virtual Lecture: Legislation
Saturday	MTAP 211	8 hours	Advanced Techniques
Sunday	MTAP 211	8 hours	Advanced Technique Practice Clinic Orientation

Weekend 3: October 31, November 1, 2			
Friday	LEAP 111 MTAP 111, MTAP 211	8 hours	Virtual OSCE Prep
Saturday	LEAP 111 MTAP 111, MTAP 211	8 hours	Summative MCQ 01 OSCE Prep
Sunday	LEAP 111 MTAP 111, MTAP 211	8 hours	OSCE 01

Weekend 4: November 28, 29, 30 2025			
Friday	CATR 111	8 hours	Challenge MCQ 02: Assessment Region 1 & 2 Virtual Lecture: Treatment Concepts, Planning
Saturday	CATR 111	8 hours	Anatomy Review Head, Neck, Trunk
Sunday	CATR 111	8 hours	Assessment Review

Weekend 5: January 2, 3, 4 2026			
Friday	CATR 111	8 hours	Virtual Class: OSCE Prep
Saturday	CATR 111	8 hours	Summative MCQ 02 In-Person OSCE Prep
Sunday	CATR 111	8 hours	OSCE 02

Weekend 6: January 30, 31, Feb 1 2026			
Friday	CATR 211	8 hours	Challenge MCQ 03 Physiology & Pathology Virtual Lecture: Treatment Concepts, Planning
Saturday	CATR 211	8 hours	Treatment Concepts and Planning
Sunday	CATR 211	8 hours	Anatomy Review Limbs

Weekend 7: February 27, 28, March 1 2026			
Friday	CATR 211	8 hours	Summative MCQ 03 Outreach or Diverse Population Clinic IN-PERSON
Saturday	CATR 211	8 hours	OSCE Prep
Sunday	CATR 211	8 hours	OSCE 03

Weekend 8: March 27, 28, 29			
Friday	CATR 311	8 hours	Challenge MCQ 04 Remedial Ex. Nutrition, Practice Management Virtual
Saturday	CATR 311	8 hours	Diverse Population Clinics Case Conference
Sunday	CATR 311	8 hours	Final Program Review Full OSCE 7 Station Review

Weekend 9: May 1, 2, 3 2026			
Friday	CATR 311	8 hours	Various Outreaches, IN-PERSON
Saturday	CATR 311	8 hours	Comprehensive MCQ Comprehensive OSCE
Sunday	CATR 311	8 hours	Comprehensive MCQ Comprehensive OSCE

OSCE	Objectively Structured Clinical Evaluation ie. Practical exam
Challenge MCQ	Exams required as a means to earn an exemption in courses where prior learning has been proven. Ie. Anatomy, Physiology, Orthopaedic Assessment etc.
Summative MCQ	Exams testing the content taught and reviewed during the program courses
LEAP 111	Legislation Ethics & Professionalism
MTAP 111	Massage Theory & Practice 1
MTAP 211	Massage Theory & Practice 2
CATR 111	Clinical Application of Treatment 1
CATR 211	Clinical Application of Treatment 2
CATR 311	Clinical Application of Treatment 3